

13th Annual



Fifty and Better HEALTH FAIR

5257 Sierra St. Riverside | 951-351-8800 | www.JGF4SENIORS.org

ALL
FREE

Wednesday | October 2 | 9am – 2pm

ALL ABOUT SUCCESSFUL AGING

Flu Shots

Health Screenings

Pneumonia Vaccines

Cooking Demos & Tastings

Wellness Spa

Haircuts, Manicures, & Massages

Educational Workshops

Mindful Eating, The ABCs of CBD,
Ask the Experts Q&A Session

Mission Medicine

Drop off unused/expired prescriptions
for safe disposal. (No Sharps Please)

**50+ Health Exhibitors
& Resources**

Thank You to our Partners 4 PRIME



Legendary Care™



Parkview Community Hospital
Medical Center

AHMC Healthcare



Leading with Innovation and Serving with Compassion



MEDICARE MADE SIMPLE



HEALTHCARE YOU CAN FEEL GOOD ABOUT



Medicare plans for health. Not for profit.



PRIMARY CARE PLUS



To us, it's personal.

Living Right



Total Wellness



KAISER PERMANENTE

Fifty & Fit

